

Health History Form

Email: _____ Today's Date: _____

As required by law, our office adheres to written policies and procedures to protect the privacy of information about you that we create, receive or maintain. Your answers are for our records only and will be kept confidential subject to applicable laws. Please note that you will be asked some questions about your responses to this questionnaire and there may be additional questions concerning your health. This information is vital to allow us to provide appropriate care for you. This office does not use this information to discriminate.

Name: <i>Last</i> <i>First</i> <i>Middle</i>	Home Phone: <i>Include area code</i> ()	Business/Cell Phone: <i>Include area code</i> ()
Address: <i>Mailing address</i>	City:	State: Zip:
Occupation:	Height:	Weight: Date of Birth: Sex: M F
SS# or Patient ID:	Emergency Contact:	Relationship: Home Phone: <i>Include area code</i> Cell Phone: <i>Include area code</i> () ()

If you are completing this form for another person, what is your relationship to that person?

Your Name _____ Relationship _____

Do you have any of the following diseases or problems: (Check DK if you Don't Know the answer to the question) **Yes No DK**

Active Tuberculosis.....	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Persistent cough greater than a 3 week duration.....	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Cough that produces blood.....	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Been exposed to anyone with tuberculosis.....	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

If you answer yes to any of the 4 items above, please stop and return this form to the receptionist.

Dental Information *For the following questions, please mark (X) your responses to the following questions.*

Yes No DK	Yes No DK
Do your gums bleed when you brush or floss?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you have earaches or neck pains?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Are your teeth sensitive to cold, hot, sweets or pressure?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you have any clicking, popping or discomfort in the jaw?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Is your mouth dry?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you brux or grind your teeth?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Have you had any periodontal (gum) treatments?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you have sores or ulcers in your mouth?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Have you ever had orthodontic (braces) treatment?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you wear dentures or partials?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Have you had any problems associated with previous dental treatment?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you participate in active recreational activities?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Is your home water supply fluoridated?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Have you ever had a serious injury to your head or mouth?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Do you drink bottled or filtered water?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Date of your last dental exam:
If yes, how often? Circle one: DAILY / WEEKLY / OCCASIONALLY	What was done at that time?
Are you currently experiencing dental pain or discomfort?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Date of last dental x-rays:
What is the reason for your dental visit today?	
How do you feel about your smile?	

Medical Information *Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems.*

Yes No DK	Yes No DK
Are you now under the care of a physician?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Have you had a serious illness, operation or been hospitalized in the past 5 years?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Physician Name: _____ Phone: <i>Include area code</i> ()	If yes, what was the illness or problem?
Address/City/State/Zip:	Are you taking or have you recently taken any prescription or over the counter medicine(s)?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Are you in good health?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	If so, please list all, including vitamins, natural or herbal preparations and/or dietary supplements:
Has there been any change in your general health within the past year?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	_____
If yes, what condition is being treated?	_____
Date of last physical exam:	_____

Medical Information Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems.

(Check DK if you Don't Know the answer to the question)

Do you wear contact lenses?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you use controlled substances (drugs)?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Joint Replacement. Have you had an orthopedic total joint (hip, knee, elbow, finger) replacement?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you use tobacco (smoking, snuff, chew, bidis)?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Date: _____ If yes, have you had any complications? _____		If so, how interested are you in stopping? Circle one: VERY / SOMEWHAT / NOT INTERESTED	
Are you taking or scheduled to begin taking an antiresorptive agent (like Fosamax®, Actonel®, Atelvia, Boniva®, Reclast, Prolia) for osteoporosis or Paget's disease?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you drink alcoholic beverages?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Since 2001, were you treated or are you presently scheduled to begin treatment with an antiresorptive agent (like Aredia®, Zometa®, XGEVA) for bone pain, hypercalcemia or skeletal complications resulting from Paget's disease, multiple myeloma or metastatic cancer?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	If yes, how much alcohol did you drink in the last 24 hours? _____	
Date Treatment began: _____		If yes, how much do you typically drink in a week? _____	
		WOMEN ONLY Are you:	
		Pregnant?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
		Number of weeks: _____	
		Taking birth control pills or hormonal replacement?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
		Nursing?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Allergies. Are you allergic to or have you had a reaction to: To all yes responses, specify type of reaction.	Yes No DK	Metals _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Local anesthetics _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Latex (rubber) _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Aspirin _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Iodine _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Penicillin or other antibiotics _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hay fever/seasonal _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Barbiturates, sedatives, or sleeping pills _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Animals _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Sulfa drugs _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Food _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Codeine or other narcotics _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Other _____	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems.

Artificial (prosthetic) heart valve.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Autoimmune disease.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Glaucoma.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Previous infective endocarditis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Rheumatoid arthritis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hepatitis, jaundice or liver disease.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Damaged valves in transplanted heart.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Systemic lupus erythematosus.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Epilepsy.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Congenital heart disease (CHD)		Asthma.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Fainting spells or seizures.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Unrepaired, cyanotic CHD.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Bronchitis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Neurological disorders.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Repaired (completely) in last 6 months.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Emphysema.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	If yes, specify: _____	
Repaired CHD with residual defects.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sinus trouble.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sleep disorder.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Except for the conditions listed above, antibiotic prophylaxis is no longer recommended for any other form of CHD.		Tuberculosis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you snore?.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Cardiovascular disease.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Cancer/Chemotherapy/ Radiation Treatment.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Mental health disorders.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Angina.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Chest pain upon exertion.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Specify: _____	
Arteriosclerosis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Chronic pain.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Recurrent Infections.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Congestive heart failure.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Diabetes Type I or II.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Type of infection: _____	
Damaged heart valves.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Eating disorder.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Kidney problems.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Heart attack.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Malnutrition.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Night sweats.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Heart murmur.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Gastrointestinal disease.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Osteoporosis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Low blood pressure.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	G.E. Reflux/persistent heartburn.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Persistent swollen glands in neck.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
High blood pressure.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ulcers.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Severe headaches/migraines.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Other congenital heart defects.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Thyroid problems.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Severe or rapid weight loss.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Mitral valve prolapse.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Stroke.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sexually transmitted disease.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Pacemaker.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Excessive urination.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Rheumatic fever.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
Rheumatic heart disease.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
Abnormal bleeding.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
Anemia.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
Blood transfusion.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
If yes, date: _____					
Hemophilia.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
AIDS or HIV infection.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
Arthritis.....	Yes No DK <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				

Has a physician or previous dentist recommended that you take antibiotics prior to your dental treatment?.....

Name of physician or dentist making recommendation: _____ Phone: Include area code
() _____

Do you have any disease, condition, or problem not listed above that you think I should know about?.....

Please explain: _____

NOTE: Both doctor and patient are encouraged to discuss any and all relevant patient health issues prior to treatment.

I certify that I have read and understand the above and that the information given on this form is accurate. I understand the importance of a truthful health history and that my dentist and his/her staff will rely on this information for treating me. I acknowledge that my questions, if any, about inquiries set forth above have been answered to my satisfaction. I will not hold my dentist, or any other member of his/her staff, responsible for any action they take or do not take because of errors or omissions that I may have made in the completion of this form.

Signature of Patient/Legal Guardian: _____ Date: _____

Signature of Dentist: _____ Date: _____

FOR COMPLETION BY DENTIST

Comments: _____

Primary Insurance Information

Name of Subscriber: _____

Subscribers Date of Birth _____ Subscriber SSN _____

Relationship to Subscriber: Self ___ Spouse ___ Child ___ Other ___

Employer: _____

Insurance Company: _____

Address: _____

City, State, Zip: _____

Phone: _____

Insurance ID Number: _____

Insurance Group number: _____

Secondary Insurance Information

Name of Subscriber: _____

Subscribers Date of Birth _____ Subscriber SSN: _____

Relationship to Subscriber: Self ___ Spouse ___ Child ___ Other ___

Employer: _____

Insurance Company: _____

Address: _____

City, State, Zip: _____

Phone: _____

Insurance ID Number: _____

Insurance Group Number: _____

Lafayette Restorative & Cosmetic Dentistry

*** You May Refuse to Sign This Acknowledgment***

I have received a copy of this office's Notice of Privacy Practices.

Print Name: _____

Signature: _____

Date: _____

I give permission for _____

to have access to my health and dental information.

For Office Use Only

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

- Individual refused to sign
- Communications barriers prohibited obtaining the acknowledgement
- An emergency situation prevented us from obtaining acknowledgement
- Other (Please Specify)

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Lafayette Restorative & Cosmetic Dentistry
Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

We are required by law to maintain the privacy of protected health information, to provide individuals with notice of our legal duties and privacy practices with respect to protected health information, and to notify affected individuals following a breach of unsecured protected health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect 01/01/2016, and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law, and to make new Notice provisions effective for all protected health information that we maintain. When we make a significant change in our privacy practices, we will change this Notice and post the new Notice clearly and prominently at our practice location, and we will provide copies of the new Notice upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

We may use and disclose your health information for different purposes, including treatment, payment, and health care operations. For each of these categories, we have provided a description and an example. Some information, such as HIV-related information, genetic information, alcohol and/or substance abuse records, and mental health records may be entitled to special confidentiality protections under applicable state or federal law. We will abide by these special protections as they pertain to applicable cases involving these types of records.

Treatment. We may use and disclose your health information for your treatment. For example, we may disclose your health information to a specialist providing treatment to you.

Payment. We may use and disclose your health information to obtain reimbursement for the treatment and services you receive from us or another entity involved with your care. Payment activities include billing, collections, claims management, and determinations of eligibility and coverage to obtain payment from you, an insurance company, or another third party. For example, we may send claims to your dental health plan containing certain health information.

Healthcare Operations. We may use and disclose your health information in connection with our healthcare operations. For example, healthcare operations include quality assessment and improvement activities, conducting training programs, and licensing activities.

Individuals Involved in Your Care or Payment for Your Care. We may disclose your health information to your family or friends or any other individual identified by you when they are involved in your care or in the payment for your care. Additionally, we may disclose information about you to a patient representative. If a person has the authority by law to make health care decisions for you, we will treat that patient representative the same way we would treat you with respect to your health information.

Disaster Relief. We may use or disclose your health information to assist in disaster relief efforts.

Required by Law. We may use or disclose your health information when we are required to do so by law.

Public Health Activities. We may disclose your health information for public health activities, including disclosures to:

- o Prevent or control disease, injury or disability;
- o Report child abuse or neglect;
- o Report reactions to medications or problems with products or devices;
- o Notify a person of a recall, repair, or replacement of products or devices;
- o Notify a person who may have been exposed to a disease or condition; or
- o Notify the appropriate government authority if we believe a patient has been the victim of abuse, neglect, or domestic violence.

National Security. We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials health information required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement official having lawful custody the protected health information of an inmate or patient.

Secretary of HHS. We will disclose your health information to the Secretary of the U.S. Department of Health and Human Services when required to investigate or determine compliance with HIPAA.

Worker's Compensation. We may disclose your PHI to the extent authorized by and to the extent necessary to comply with laws relating to worker's compensation or other similar programs established by law.

Law Enforcement. We may disclose your PHI for law enforcement purposes as permitted by HIPAA, as required by law, or in response to a subpoena or court order.

Health Oversight Activities. We may disclose your PHI to an oversight agency for activities authorized by law. These oversight activities include audits, investigations, inspections, and credentialing, as necessary for licensure and for the government to monitor the health care system, government programs, and compliance with civil rights laws.

Judicial and Administrative Proceedings. If you are involved in a lawsuit or a dispute, we may disclose your PHI in response to a court or administrative order. We may also disclose health information about you in response to a subpoena, discovery request, or other lawful process instituted by someone else involved in the dispute, but only if efforts have been made, either by the requesting party or us, to tell you about the request or to obtain an order protecting the information requested.

Research. We may disclose your PHI to researchers when their research has been approved by an institutional review board or privacy board that has reviewed the research proposal and established protocols to ensure the privacy of your information.

Coroners, Medical Examiners, and Funeral Directors. We may release your PHI to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also disclose PHI to funeral directors consistent with applicable law to enable them to carry out their duties.

Fundraising. We may contact you to provide you with information about our sponsored activities, including fundraising programs, as permitted by applicable law. If you do not wish to receive such information from us, you may opt out of receiving the communications.

Other Uses and Disclosures of PHI

Your authorization is required, with a few exceptions, for disclosure of psychotherapy notes, use or disclosure of PHI for marketing, and for the sale of PHI. We will also obtain your written authorization before using or disclosing your PHI for purposes other than those provided for in this Notice (or as otherwise permitted or required by law). You may revoke an authorization in writing at any time. Upon receipt of the written revocation, we will stop using or disclosing your PHI, except to the extent that we have already taken action in reliance on the authorization.

Your Health Information Rights

Access. You have the right to look at or get copies of your health information, with limited exceptions. You must make the request in writing. You may obtain a form to request access by using the contact information listed at the end of this Notice. You may also request access by sending us a letter to the address at the end of this Notice. If you request information that we maintain on paper, we may provide photocopies. If you request information that we maintain electronically, you have the right to an electronic copy. We will use the form and format you request if readily producible. We will charge you a reasonable cost-based fee for the cost of

supplies and labor of copying, and for postage if you want copies mailed to you. Contact us using the information listed at the end of this Notice for an explanation of our fee structure.

If you are denied a request for access, you have the right to have the denial reviewed in accordance with the requirements of applicable law.

Disclosure Accounting. With the exception of certain disclosures, you have the right to receive an accounting of disclosures of your health information in accordance with applicable laws and regulations. To request an accounting of disclosures of your health information, you must submit your request in writing to the Privacy Official. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to the additional requests.

Right to Request a Restriction. You have the right to request additional restrictions on our use or disclosure of your PHI by submitting a written request to the Privacy Official. Your written request must include (1) what information you want to limit, (2) whether you want to limit our use, disclosure or both, and (3) to whom you want the limits to apply. We are not required to agree to your request except in the case where the disclosure is to a health plan for purposes of carrying out payment or health care operations, and the information pertains solely to a health care item or service for which you, or a person on your behalf (other than the health plan), has paid our practice in full.

Alternative Communication. You have the right to request that we communicate with you about your health information by alternative means or at alternative locations. You must make your request in writing. Your request must specify the alternative means or location, and provide satisfactory explanation of how payments will be handled under the alternative means or location you request. We will accommodate all reasonable requests. However, if we are unable to contact you using the ways or locations you have requested we may contact you using the information we have.

Amendment. You have the right to request that we amend your health information. Your request must be in writing, and it must explain why the information should be amended. We may deny your request under certain circumstances. If we agree to your request, we will amend your record(s) and notify you of such. If we deny your request for an amendment, we will provide you with a written explanation of why we denied it and explain your rights.

Right to Notification of a Breach. You will receive notifications of breaches of your unsecured protected health information as required by law.

Electronic Notice. You may receive a paper copy of this Notice upon request, even if you have agreed to receive this Notice electronically on our Web site or by electronic mail (e-mail).